

# Reducing Harm, Supporting Recovery

counselling & support  
training  
education

West Lothian Drug and Alcohol Service

## WLDAS

Reducing Harm, Supporting Recovery

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**opening hours:** 9am to 5pm, Monday - Friday. A 24hr answer phone is in operation.

Scottish Charity No. SC005776 Company No. 212157

West Lothian Drug and Alcohol Service

## WLDAS

Reducing Harm, Supporting Recovery

**THE DRUG AND ALCOHOL SERVICE IS AN INNOVATIVE ORGANISATION. FORMED IN 1985, IT HAS AN ESTABLISHED REPUTATION FOR ITS PREVENTIVE AND CARING SERVICES IN DRUGS, ALCOHOL AND TOBACCO.**

**We have a professional multi-skilled staff team to deliver our services on a wide variety of topics. We will be happy to discuss your training needs and tailor them to meet your requirements.**

### **Information**

An information service is available to professional workers, students and members of the public. We hold a wide range of books, training materials and leaflets.

### **Consultation and Advice**

During office hours, 9am to 5pm we will be happy to answer any queries or give advice on drugs, alcohol and tobacco and related issues. If we can't help, we will point you in the right direction. We aim to deal with any enquiry within 5 working days.

### **Education**

- Schools
- Youth clubs
- Young people's centres
- Employment
- Voluntary organisations
- Parents

### **Training**

- Health care professionals
- Commercial sector
- Social work staff
- Youth and community workers



### **Community Groups**

- Over 50's
- Mothers and toddlers
- User groups

### **Student Services**

- Monthly information days
- Assistance with student projects / assignments
- Community Field Placements
- Pre and post qualifying training

### **Workplace**

- Induction training for employees re: alcohol/drug/tobacco use
- Advice and development of workplace substance policies
- Employer/employee counselling and support

### **Counselling and Support**

- Confidential support and counselling to individuals who are affected by the misuse of drugs and / or alcohol
- A dedicated counselling service for young people
- A dedicated service for young people who want to address their smoking
- A dedicated service for offenders and vulnerable adults
- A choice of venues in West Lothian offering easier access for clients
- Support for statutory agencies who wish to refer or who would like advice on how to work with a client themselves
- Support and counselling to partners/ family members and carers
- Access to West Lothian Family Support Group
- Support and advocacy
- Confidence building
- Improving health and well being
- Access to further education
- Access to voluntary work